



Key Factors for TELEHEALTH SUCCESS



MIN. TECH REQUIREMENTS

- min 2 GB RAM
- Quad core processor
- High Resolution camera
- Quality microphone
- Good internet connection
- Minimise others streaming
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ENVIRONMENT

- Quiet space
- Good lighting
- Plain background
- Support person present
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SUPPORT PERSON

- Tech savvy
- Engaged/motivated
- Good therapy facilitator
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OTHER

- Motivated client
- Previous face to face therapy
- Email materials 1 day before
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